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1. A method, comprising:
 - a. receiving a first communication on a receiver unit, the first communication including scheduling information and an indication of a destination on a packet-switched network;
 - b. preparing a second communication to be sent to the destination and storing the second communication on the receiver unit;
 - c. waiting a period of time determined by the scheduling information; and
 - d. after the period of time, the receiver unit automatically sending the second communication over the packet-switched network from the receiver unit to the destination.
 - e. The method of Claim 1, wherein the first communication is a broadcast trigger, the broadcast trigger being received by the receiver unit from a one-way broadcast communication channel.